

Вітаємо до Парафії Воздвиження Чесного Хреста! Welcome to Exaltation of the Holy Cross Parish!

A place of prayer, family, and community since 1967 which follows the Eastern (Byzantine) Christian traditions of the Catholic Faith that first emerged in the lands of Rus-Ukraine through the preaching of Saint Andrew, the First-Called, and echoed onwards through the mission of the holy apostles to the Slavs, Cyril and Methodius. At Holy Cross, we are called to enter into communion with God within the community of the faithful, the Church — the Body of Christ. Here, we offer services in English and Ukrainian languages where we are united to God and one another, and, "with one heart and one voice", form the family of God. Jesus Christ is the centre of our life, and it is in the Divine Liturgy where we come to know Him in each other by means of the Sacred Scriptures, and through the receiving of the Holy Sacraments.

May your participation in today's celebration be thoroughly enriching and truly meaningful as well.

July 14, 2019 ~ 5th Sunday after Pentecost

Epistle: Romans 10: 1-10 **Gospel:** Matthew 8: 28 - 9:1 Troparia are in **Tone 4**, page 95 in the blue missals

Epistle Readers: (Saturday) Joseph Myslicki (Sunday) Larissa Warywoda

Eucharistic Ministers: (Saturday) Christopher Tennant

(Sunday) Mary Ann Lysak

July 21, 2018 ~ 6th Sunday after Pentecost

Epistle: Romans 12: 6-14 **Gospel:** Matthew 9: 1-8 Troparia are found on the handouts for today's liturgy

Epistle Readers: (Saturday) Mary Ann Lysak (Sunday) Michael Watral

Eucharistic Ministers: (Saturday) Mary Ann Lysak (Sunday) Murray Salomon

Your Return Gift to God

Let us strive to live as Christian stewards, receive God's gifts gratefully, cultivate them responsibly, share them generously and lovingly with others, and return them with increase to the Lord.

JUNE 29/30

Envelopes: \$1,190.00 Special Projects: \$10.00 Mission Collection: \$50.75

Your Kind Generosity at Work

The Mission Collection for June totalled \$313.50. A cheque has been sent to The Underground Gym and Youth Centre.

JULY 6/7

Envelopes & Loose: \$2,355.00 Mission Collection: \$110.55 Special Projects: \$185.00

The Mission Collection for July is designated for **Shelter House SOS** (Street Outreach Services), providing assistance to homeless, intoxicated and high risk people in our community.

Thank you very much! Щиро Дякуємо!

Weekly Liturgical Schedule

from Monday, July 15 to Sunday, July 28, 2019

MONDAY, JULY 15

10:00 a.m. ~ Feast of St. Volodymyr the Great

SATURDAY, JULY 20

5:00 p.m. ~ Sixth Sunday after Pentecost (See the masthead for lay ministers)

SUNDAY, JULY 21

10:00 a.m. ~ Sixth Sunday after Pentecost (See the masthead for lay ministers)

SATURDAY, JULY 27

5:00 p.m. ~ **Seventh Sunday after Pentecost**Epistle Reader: Christopher Tennant
Eucharistic Minister: Linda Douglas

SUNDAY, JULY 28

10:00 a.m. ~ Seventh Sunday after Pentecost
Epistle Reader: Susan Soldan
Eucharistic Minister: Stanley Myslicki

Holy Cross Parish 📤 Summer News & Activities

We offer our sincerest condolences (and apologies for the late notice) to the Kohanski family on the passing of Violet's mother, †Miriam Saarela on Wednesday, June 12 at her residence in Roseview Manor. Funeral services took place on Monday, June 17 at Everest Funeral Chapel followed by the interment at Sunset Memorial Gardens. May the Lord accept the soul of His ever-to-be-remembered servant †Miriam into His heavenly Kingdom, number her among the just, and grant her rest among the saints in paradise. Вічна її пам'ять - Eternal memory.



On **Sunday**, **July 21**, following the 10:00 a.m. Divine Liturgy, we invite everyone to come down to the parish hall for the return of the coffee/mini-luncheon hour. Saturday worshippers are also encouraged to join us, for there will be plenty of food including 'lazy cabbage rolls' and other delicious fare. You are welcome to bring an item for the buffet or dessert tables if you so desire. Join us for some good food and warm fellowship.

It's nearing that time again! St. George's Society presents its annual 'Corn Roast' on Saturday, August 24 at 6:00 p.m. in our parish hall. Tickets (\$10/person) will be available for purchase the weekend of July 27/28. Door prizes are being accepted, so if you have any to donate, please speak with Michael Watral to arrange for pick-up, or you may bring them to him at the church any Saturday or Sunday before August 19. We hope to see many parishioners and friends in attendance for this yearly social and fundraiser.

Please remember that while parishioners may be away and on vacation, our parish is not. Expenses (*i.e.* salaries, utilities, candles, etc.) continue throughout the year, and at times we have experienced a shortfall during the summer months. We ask you to remain consistent in your gifts as your weekly offering is important to our financial well-being. *Thank you for your lasting support of our parish!*





Undeniable Words of Wisdom



"Hope and healing are not found in the dark abyss of secrecy but in the light and love of our Saviour, Jesus Christ."

~ Carole M. Stephens ~

St. George's Society



The next bingo training hour takes place on Sunday, July 21 at 4:00 p.m. at Superior Shores Gaming Centre (435 Memorial Ave-

nue). All members (and parishioners over the age of 18) are welcome to take the training and volunteer at bingo.

The summer issue of The Plentiful Harvester will be published the weekend of July 27/28. Look for hard copies on the narthex table at that time; electronic versions will be sent out the following week. Stay in touch during the summer.

To all members: Stay safe in all your travels, enjoy the warm weather, remember to use sunscreen, and to wear a hat. Good luck to all fisherman and don't forget to submit your weigh-in slips to any Fish and Game Committee members as soon as possible so that the Fish Board can be updated on a regular basis. Finally, please pray for all our fellow members who are ill or shut in, and remember to contact the Sick and Visiting Committee should the need arise. ©

Our annual Corn Roast has been scheduled for Saturday, August 24. Preparations will be under way in late July/early August with tickets being available around the same time. Member (and family) volunteers will certainly be appreciated. Draw prizes are also being accepted. See Michael Watral if you have any to donate. Thanks for your cooperation.

Love and Service since 1960!

WHAT'S HAPPENING IN OUR CITY

Rosie's All-you-can-eat Friday Lunch Buffets - 11:30 a.m. to 2:00 p.m. at the Columbus Centre, 301 S. May Street. Walk in or make a reservation for a group. Call 623-3252 for more



Spaghetti & Meatballs Take-out - Sponsored by the Knights of Columbus Councils 1447 and 8602 (in support of their community projects) Thursday, July 25 and August 15 & 29 from 3:00 p.m. to 6:00 p.m. at the Columbus Centre, \$11.50 per

order. Please bring your own container. Roasted chicken and perogies also available. See the poster in the narthex.

Everything Google - Tuesday, July 30 from 5:00 p.m. to 7:00 p.m. at The Foundry, 242 Red River Road. Join special guest Scott Dougall, director of Product Management at Google who is flying in from 'Silicon Valley', California. For more information, call James at 768-6686 or send him an email at james@nwoinnovation.ca.

Насолоджуйтеся гарною погодою! Enjoy the warm summer weather!



HOLY CROSS GOLDEN AGERS

We are now on our break from regular afternoon activities until Thursday, September 5. We wish all members a safe, healthy and pleasant summer!



FYI: Our fall pyrohy making has been re-scheduled for Tuesday, October 8 (one week later than previously published). And even though that's still over three months away, you can place a 'standing order' anytime. To do so, please speak with Ann Kozlowski (622-3006) or Ann Opaski (577-2805).

The next bus to Grand Portage leaves the church parking lot on Wednesday, July 17 at 3:45 p.m. and returns @ 10:00 p.m. To book your seat, please call Ann Kozlowski or Ann Opaski (their contact numbers are above). This is a free service. Nonmembers (18 years and up) with valid passports are invited also. Come for the ride, relaxation, and recreation!

As a number of members have expressed interest in participating in an extended bus trip (destination TBA) sometime in the future, it is still being looked into, and so, we ask you to be patient until we get more information about prices for hotels, events, venues, etc. Keep checking this bulletin regularly.



Do not regret growing older. It's a privilege denied to many!

At the end of the Gospel Reading on the Fifth Sunday after Pentecost, we hear that the entire town came out to meet Jesus, but they begged Him to go away and leave them alone. Why? Were they upset because of the



loss of their pigs, or was it that the people were afraid of Jesus and His power? No one really knows. There is no evidence that Jesus ever returned to the Gadarenes in the remainder of His ministry. They rejected Christ and sent Him away and He left. Do you ever stop and wonder what would happen if God respected your wishes and just left you alone?

Some people will never come to the point of accepting the Lordship of Jesus because they are afraid what they will have to give up in order to do that. Whether it's their possessions, or their money or their will and desires. Sadly, they don't understand what they are losing. This story reveals that there is a supernatural battle that is being waged for the souls of people, and if you want to be on the winning side, then you must choose. The obvious choice should be clear.

n the Sixth Sunday, we hear in St. Matthew's narrative about the healing of the paralytic man that it was the faith of the men that touched the heart of Jesus to address the "real" issue of the sickness of the paralytic man — sin. Jesus took the disease by the root. Moral evil has been the cause of all natural evil in the world.

Today, is there any among you who is still harbouring hatred in your heart or bitterness in your relationship? Release yourself from such feelings. Before any great miracle could happen in your life...forgive. Forgive your loved ones, acquit yourself from the hurts of the past, and even exonerate God. For many times we question Him, whenever we don't understand His workings in our life. Forgive people, yourself and God. Then, you will experience miracles in your life. Forgiveness is more important than miracle. It is hard to do, but being forgiven by the works of Jesus in the cross two thousand years ago... it is now possible! You can now address the issue in the roots -- just like what Jesus had shown.

~ from sermons by Denn Guptill and Bubot Parago



The Children's Corner is on hiatus during July and August. Enjoy the nice weather, and always remember to keep Jesus as the centre of your lives in the summer. Say your prayers every night before you go to sleep to thank God for all the blessings in your life.

Bible Verses to Remember During the Summer Months

By Sam O'Neal

S YOU ENJOY the many blessings of the summer season, use the following "memory verses" as an active way to connect those blessings with God. After all, having fun is a very biblical experience when we remember the Source of all good things.

1. James 1: 17

"Every good and perfect gift is from above, come down from the Father of heavenly lights, Who does not change like shifting shadows." Remember, every blessing we enjoy in life ultimately comes from God — a key component of God's Word.

2. Genesis 8: 22

"As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease." That's something God wanted Moses to remember after the devastation of the flood. So as we enjoy the beauty of the fruits and grains this season, let's remember this key promise from God.

3. 1 Thessalonians 5: 10-11

"...[Jesus] died for us so that whether we are awake or asleep, we may live together with Him. Therefore, encourage one another and build each other up, just as in fact you are doing." Even during summer, people are hurting and lonely inside. As you go about making and strengthening relationships, remember the value of encouragement.

4. Proverbs 6: 6-8

"Lazy people should learn a lesson from the way ants live. They have no leader, chief or ruler, but they store up their food during the summer, getting ready for winter." Not everyone gets a summer break, and many still work for the majority of the summer. The act of work brings its own blessings into our lives — especially provision for our needs both now and in the future.

5. Proverbs 17: 22

"Being cheerful keeps you healthy. It is slow death to be gloomy all the time." God wants us to have fun. After all, He *invented* fun. However, always remember to make sure it is in proper balance with all other aspects of your life.



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